

Christian Name	Surname	Pred/Hand	Est 7.2km	Start Time
Megan	Davis	2736	0:45:36	0:03:03
Duncan	Mounsor	2254	0:37:34	0:11:05
Claire	Hawes	2561	0:42:41	0:05:58
Ali	Shaikh	1935	0:32:15	0:16:24
Norm	Lever	2229	0:37:09	0:11:30
Karen	Sluman	2354	0:39:14	0:09:25
Helena	Youde	1828	0:30:28	0:18:11
Gareth	Wilkes	2197	0:36:37	0:12:02
Jeanette	Gullick	2013	0:33:33	0:15:06
Lou	Tring	2919	0:48:39	0:00:00
Ross	Greening	1934	0:32:14	0:16:25
Robert	Dalton-Morris	1849	0:30:49	0:17:50
Dan	Reeves	1902	0:31:42	0:16:57
Dale	Midwinter	1759	0:29:19	0:19:20
Hester	Coggin	2160	0:36:00	0:12:39
David	Lawrence	2299	0:38:19	0:10:20
Hattie	Jenkins	1757	0:29:17	0:19:22
Piotr	Michalski	1864	0:31:04	0:17:35
Catherine	Mason	2462	0:41:02	0:07:37
Miranda	Foster	1892	0:31:32	0:17:07
Shaun	Carr	1780	0:29:40	0:18:59
Neil	Harris	2203	0:36:43	0:11:56
Nela	Trowbridge	2382	0:39:42	0:08:57
Andy	Dommm	2453	0:40:53	0:07:46
Neil	Tring	1906	0:31:46	0:16:53
Jim	Trowbridge	2037	0:33:57	0:14:42

Handicap Race Time

Min	Sec	Rank	Points	Penalties
44	1	1	50	25
45	34	2	49	20
46	32	3	48	15
46	47	4	47	10
47	5	5	46	5
47	6	6	45	
47	16	7	44	
47	42	8	43	
47	29	9	42	
47	36	10	41	
47	44	11	40	
47	56	12	39	
47	59	13	38	
48	12	14	37	
48	13	15	36	
48	15	16	35	
48	29	17	34	
48	58	18	33	
49	5	19	32	
49	6	20	31	
49	19	21	30	
49	27	22	29	
49	56	23	28	
50	5	24	27	
50	29	25	26	
52	46	26	25	

TOTAL TIME	Est. 7.2km (sec)	Est. 7.2km (real)	Handicap	REAL TIME (sec)	REAL TIME (real)	Difference
2641	2736	0:45:36	183	2458	0:40:58	-278
2734	2254	0:37:34	665	2069	0:34:29	-185
2792	2561	0:42:41	358	2434	0:40:34	-127
2807	1935	0:32:15	984	1823	0:30:23	-112
2825	2229	0:37:09	690	2135	0:35:35	-94
2826	2354	0:39:14	565	2261	0:37:41	-93
2836	1828	0:30:28	1091	1745	0:29:05	-83
2862	2197	0:36:37	722	2140	0:35:40	-57
2849	2013	0:33:33	906	1943	0:32:23	-70
2856	2919	0:48:39	0	2856	0:47:36	-63
2864	1934	0:32:14	985	1879	0:31:19	-55
2876	1849	0:30:49	1070	1806	0:30:06	-43
2879	1902	0:31:42	1017	1862	0:31:02	-40
2892	1759	0:29:19	1160	1732	0:28:52	-27
2893	2160	0:36:00	759	2134	0:35:34	-26
2895	2299	0:38:19	620	2275	0:37:55	-24
2909	1757	0:29:17	1162	1747	0:29:07	-10
2938	1864	0:31:04	1055	1883	0:31:23	19
2945	2462	0:41:02	457	2488	0:41:28	26
2946	1892	0:31:32	1027	1919	0:31:59	27
2959	1780	0:29:40	1139	1820	0:30:20	40
2967	2203	0:36:43	716	2251	0:37:31	48
2996	2382	0:39:42	537	2459	0:40:59	77
3005	2453	0:40:53	466	2539	0:42:19	86
3029	1906	0:31:46	1013	2016	0:33:36	110
3166	2037	0:33:57	882	2284	0:38:04	247

Notes:

Est 7.2km	Your predicted OR fastest time for the race
Start Time	The time you start (in min/sec) the race AFTER the 1st starter
TOTAL TIME	Your total time for the race (including handicap)
Handicap	Number of seconds you start after the 1st starter
REAL TIME (sec) *	Your ACTUAL time it took to complete the race
Difference	Difference between estimated/fastest time & your actual time for that race