

Christian Name	Surname	Pred/Hand	Est 7.2km	Start Time
Andrew	Limb	2004	0:33:24	0:09:28
Norm	Lever	2169	0:36:09	0:06:43
Kim	Davenport	2228	0:37:08	0:05:44
Edward	Collier	1698	0:28:18	0:14:34
Katy	Gaze	2572	0:42:52	0:00:00
Dale	Midwinter	1687	0:28:07	0:14:45
Catherine	Mason	2356	0:39:16	0:03:36
Steve	Adams	2057	0:34:17	0:08:35
Sarah	Wallbridge	2365	0:39:25	0:03:27
Becky	Stephens	2354	0:39:14	0:03:38
Tony	Evans	1774	0:29:34	0:13:18
Paul	Thomas	1768	0:29:28	0:13:24
Duncan	Mounson	1842	0:30:42	0:12:10
Brian	Todd	1859	0:30:59	0:11:53
Mike	Wood	1700	0:28:20	0:14:32

Handicap Race Time				
Min	Sec	Rank	Points	Penalties
38	12	1	50	25
42	5	2	49	20
42	18	3	48	15
42	29	4	47	10
42	32	5	46	5
42	36	6	45	
42	39	7	44	
42	44	8	43	
42	50	9	42	
42	58	10	41	
43	29	11	40	
43	40	12	39	
44	4	13	38	
44	23	14	37	
44	45	15	36	

TOTAL TIME	Est. 7.2km (sec)	Est. 7.2km (real)	Handicap	REAL TIME (sec)	REAL TIME (real)	Difference
2292	2004	0:33:24	568	1724	0:28:44	280
2525	2169	0:36:09	403	2122	0:35:22	47
2538	2228	0:37:08	344	2194	0:36:34	34
2549	1698	0:28:18	874	1675	0:27:55	23
2552	2572	0:42:52	0	2552	0:42:32	20
2556	1687	0:28:07	885	1671	0:27:51	16
2559	2356	0:39:16	216	2343	0:39:03	13
2564	2057	0:34:17	515	2049	0:34:09	8
2570	2365	0:39:25	207	2363	0:39:23	2
2578	2354	0:39:14	218	2360	0:39:20	-6
2609	1774	0:29:34	798	1811	0:30:11	-37
2620	1768	0:29:28	804	1816	0:30:16	-48
2644	1842	0:30:42	730	1914	0:31:54	-72
2663	1859	0:30:59	713	1950	0:32:30	-91
2685	1700	0:28:20	872	1813	0:30:13	-113

Notes:

Est 7.2km	Your predicted OR fastest time for the race
Start Time	The time you start (in min/sec) the race AFTER the 1st starter
TOTAL TIME	Your total time for the race (including handicap)
Handicap	Number of seconds you start after the 1st starter
REAL TIME (sec) (real)	Your ACTUAL time it took to complete the race
Difference	Difference between estimated/fastest time & your actual time for that race