

**MINUTES OF THE ANNUAL GENERAL MEETING OF ALMOST ATHLETES, HELD  
AT THE CIVIL SERVICE CLUB, CHELTENHAM  
ON THURSDAY 13th JANUARY 2011**

**1. Introduction**

Graham Fletcher (Club Chairman) formally opened the meeting by thanking all those present for attending.

Graham welcomed 83 attendees to the AGM and noted that 14 apologies had been received.

**2. Minutes of the 2010 AGM**

The Minutes of the 2009 AGM had been published on the club website for members to peruse at their leisure. Graham requested proposer & seconder for approval of the Minutes – Paul Turner proposed, Gail Beddis seconded, and the Minutes were accepted unanimously.

**3. Chairman's Report**

Graham said that over the year the results and events that people had done have been in the Echo and on the website so he is not going to go through them all again. He went through a presentation of including the history of the club and that we now have 292 members. If anyone would like a copy of his presentation please contact Graham. Graham gave effusive thanks to all who helped in any way with the day-to-day running of the club, and also thanked all members for their continued support and that with so many members we need more and more helpers as marshals and race helpers. We need member's feedback so that we can continue to be Cheltenham's friendliest running club.

**4. Charities of the Year**

During 2010, the club supported the National Star College and we have donated a treadmill to them at cost of £1500. HARP (Help A Rwandan Person), received £500 being the proceeds from the sale of refreshments at our 2 races – the Linda Franks Run and the Devil's Chimney Chase. We will continue to support HARP in 2011.

**5. Treasurer's Report**

Printed copies of the report were available for members on each table; Graham summarised the report, and invited questions. No questions were asked; the report was proposed by Rob Hume and seconded by Claire Cook.

**6. Election of Committee 2011**

Re-election of the current committee members who are happy to stand again for election;

Chairman: Graham Fletcher

Treasurer: June Franks

Vice Chair & Media Officer: Karen Galpin

Club Secretary & membership: Claire Cook

Social Secretary: Fiona Judson

Special Projects: Dave Elliott

Routes & Race Series: Steve Adams

Minutes secretary and race reports coordinator: Sarah Wallbridge

Ray Barlow proposed them and Bill Jones seconded.

Two members had been nominated to serve on the committee – Cathy Cotton and Nick Lewis. No other nominations were received, Graham requested proposer Jean Bryan and seconded by Debbie Bishop.

## 7. Subscription Fees

The committee's view after much discussion was that the subscription fee for the coming year should be increased to £15. However, current members who renew before the end of January can pay £12. The reason for the increase is that 50% of the current subscription goes to the English Athletics Association, and in future we would like to subsidise club kit, social events as well as promoting coaching courses that members would benefit from and buying timing items for use at our runs. Graham asked if there were any objections ...there were none and so acceptance was proposed by Nick Lewis and seconded by Claire Cook.

## 8. Changes to Club Constitution

The committee had identified the need for three minor procedural changes to the Almost Athletes constitution: **Please see appendix 1 for the wording of these changes to the Constitution document.**

- 1) Changing the number of the quorum from 4 to 5 as the number of the committee had increased in 2010 from 8 to 10. Proposed by Richard and seconded by Paul Turner.
- 2) The Virgin London Marathon organisers have changed the ownership of the places are allocated to clubs. These places no longer belong to the clubs, but to the individuals who win them. However the club still requests that if a person cannot run and is not going to defer their place that they hand the place back to the secretary who will give it to the reserve person that was drawn at the ballot.
- 3) People who have tried to get on to the VLM website to register for a place and were unsuccessful, will be able to register their interest in April and their names will be taken into account for the ballot later in the year.

2 and 3 were proposed by Ray Barlow by and seconded by Dave Chittock.

## 9. Presentation of Awards

Graham asked Art Williams to present the awards for 2010 winners.

The club's first **Off Road Race Series** winners

The **Road Race Series** winners

<u>Senior Male</u>	<u>Senior Female</u>	<u>Senior Male</u>	<u>Senior Female</u>
1. Chris Midgley	1. Hester Davies	1. Anthony Bailey	1. Hazel Everett
2. Matt Farrer	2. Cathy Cotton	2. John Poulton	2. Hester Davies
	3. Rebekah Stephens	3. Brendan Hughes	3. Cathy Cotton
<u>Male Vet 40</u>	<u>Female Vet 40</u>	<u>Male Vet 40</u>	<u>Female Vet 40</u>
1. Duncan Mounsor	1. Ingrid Harris	1. Duncan Mounsor	1. Karen Galpin
2. Mark Willicot	2. Alison Hume	2. Mark Willicot	2. Anne -Marie Willicot
3. Philip White		3. Dale Midwinter	3. Alison Hume
<u>Male Vet 50</u>		<u>Male Vet 50</u>	<u>Female Vet 50</u>
1. Edward Collier		1. Edward Collier	1. Jean Bryan
2. Ken Sears		2. Phil Withers	
3. Chris Winchcombe		3. Dave Elliott	

### **Runner of the Year Award**

Details of the nominees for Runners of the Year 2010 were published on the website and voting forms were available on the website as well as distributed at the meeting; a combination of emailed & paper votes resulted in the following:

Male Runner of the Year 2010 – Mike Woods

Female Runners of the Year 2010 – Karen Galpin

Thanks to Art for doing the presentations and to Rob Hume who is always available to take photographs.

### **10. Any Other Business**

Graham invited any items for discussion.

Art invited everyone to put their hands together for the committee and all those that have helped during the year. No one else had any items to discuss.

Graham declared the meeting formally closed at 20:30.

Graham introduced Dan Fivey who is a personal trainer. He is passionate about getting people fit and achieving their goals. He has run 7 marathons and is going to give a talk of fitness. There was a break for a plate of chilli and then Dan continued his talk.

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## Appendix 1

Changes to the club Constitution

### **Item 5. Management**

(d) a quorum for the Committee shall be **five** members;

### **Item9.**

#### **Club Places for the London Marathon**

a) Club Places shall be awarded to members of the club who fulfil the conditions set out below, by means of a ballot or draw. **A member who becomes unable to compete in the race and if not going to defer their place must return the place to the Club Secretary to be awarded to the reserve ballot place drawn.**

e) to qualify for the ballot candidates must a) have been rejected and be able to produce their rejection notice or **b) have tried to apply on-line and not succeeded and added their name to the list in April of that year.**