

Almost Athletes bank holiday Cotswold Way run

A 15, 11 or 6 mile run following the picturesque Cotswold way footpath over common land, woodland and country tracks linked by some short road sections. The Cotswold way is well marked with signposts and yellow arrows.

Meet at Old Pates rugby club to organise car shares to the start points.

The run is not marshalled and groups should elect leaders and sweepers.

15 mile route starting at Vineyard Street, Winchcombe.

11 mile route starting at Cleeve Hill golf club.

6 mile route starting at the point where the Cotswold Way crosses the A40 near Koloshi restaurant.

The route is 95% off road and can be rough and muddy in places so off road running shoes are recommended as are windproof jacket, hat and gloves if the weather is poor. I also suggest carrying a drink in warm weather.

Click the following URL for a map of the route and joining points.

https://drive.google.com/open?id=1NX1AyhZCTjO5i2QZ_uW6GMkbSOE&usp=sharing

Schedule

09:00 Full 15 mile distance starters meet at Old Pates rugby club to organise car shares to Winchcombe.

09:30 Run Starts from Vineyard Street, Winchcombe.

10:00 11 mile distance starters meet at Old Pates Rugby club and organise car shares to Cleeve Hill Golf Club.

10:30 11 mile run Starts from Cleeve Hill golf club.

11:00 6 mile distance starters meet at Old Pates to organise car shares to London road.

11:30 6 mile run starts from where the Cotswold Way crosses A40 London road.

12:30 Old Pates bar open and light buffet provided.

Further information

Contact Steve Adams: email tivyv@blueyonder.co.uk tel. 07545537589

